



# BURGER 101

## NOW SERVING ST-ALBERT CHEESE

	PRICE	CALORIES
Classic French Fry	\$3.18	1040
Fries & Gravy	\$3.99	1090 - 1120
Poutine	\$7.51	1340
Pulled Pork Poutine	\$9.29	1470
Bacon Cheeseburger Poutine	\$9.57	1570
Vegetarian Poutine	\$7.29	1340



**BEYOND MEAT BURGER**  
 UPGRADE YOUR FAVOURITE BURGER TO A BEYOND MEAT PATTY.

**PLANT BASED OPTION**  
**\$1.49**      **280**

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



# BURGER 101



	PRICE	CALORIES
Hamburger	\$6.00	480
Double Hamburger	\$6.99	720
Cheeseburger	\$7.00	540
Double Cheeseburger	\$8.13	830
Bacon Cheeseburger	\$8.00	570
Double Bacon Cheeseburger	\$9.13	870
Beyond Meat Burger	\$7.49	500
Double Beyond Meat Burger	\$8.48	780
Extra Cheese	\$1.09	60
Extra Hamburger Patty	\$3.08	250
Extra Bacon	\$1.49	80
Extra Gravy	\$1.00	50-80

Make it a Combo!  
Add a small fry and  
16 oz fountain drink  
to any burger for  
only \$3.18

**CALORIES**  
390 - 600