

pin pin brown rice, white beans, roasted corn, pickled carrots, red cabbage, green onion, mixed greens, piri piri vinaigrette \$9.40 | 620 Cals



quinoa, lentils, beets, roasted broccoli, sweet potato, kale mixed greens, ginger turmeric vinaigrette \$9.40 | 680 Cals

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brown rice, chickpeas, beets, roasted cauliflower, sweet potato, green onion, kale mixed greens, harissa vinaigrette \$9.40 | 720 Cals

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rice noodles, cucumber, pickled carrot, r oasted broccoli, red cabbage, green onion, mixed greens, thai green curry vinaigrette \$9.40 | 600 Cals

quinoa, chickpeas, cucumber · roasted red peppers, pickled red onion, tomato, olives, mixed greens, kalamata vinaigrette

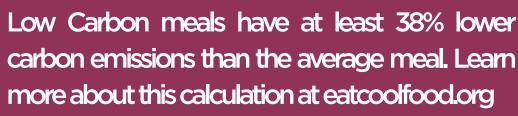
\$9.40 | 640 Cals

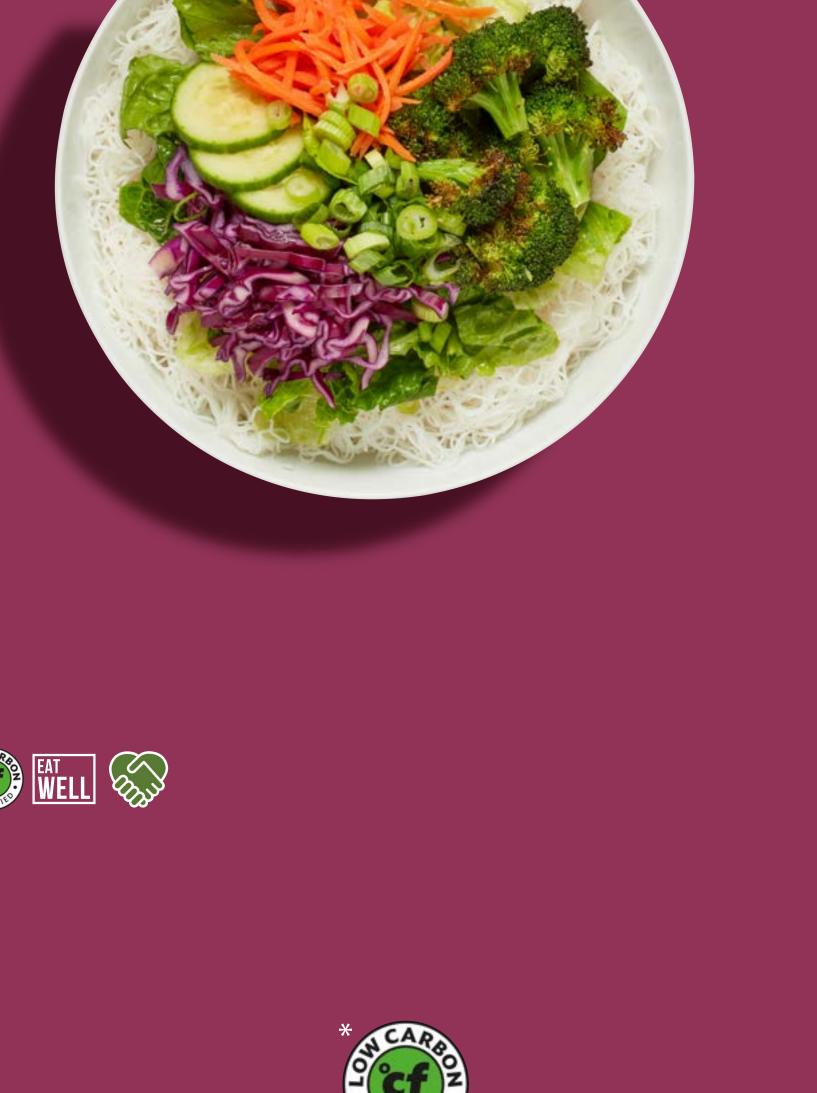


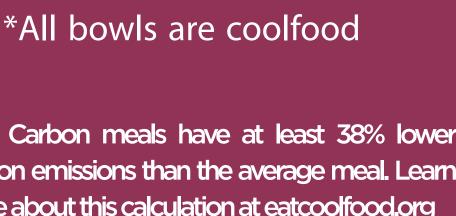
Go for the greek VEGAN NO DAIRY NO GLUTENT WELL WELL











protein acc on

falafel \$2.00 160 Cals

meatless crumble \$2.00 50 Cals grilled chicken \$3.00 breast 10 Cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



the real beet \$6.30 | 360 Cals green goddess \$6.30 | 250 Cals godden turneric \$6.30 | 350 Cals



Meal Connect

"Good Food, Greater Good"

Meal Connect helps address food insecurity on campus by donating \$1 from each purchase!

