



Ricotta Basil Baked Penne \$10.99 | 720 cals

penne noodles, pomodoro tomato sauce, basil, mozzarella cheese, & ricotta cheese

Carbonara Baked Rigatoni \$10.99 | 780 cals

rigatoni noodles, lemon cream sauce, bacon & peas





Italian Chicken Salad \$10.99 | 510 cals

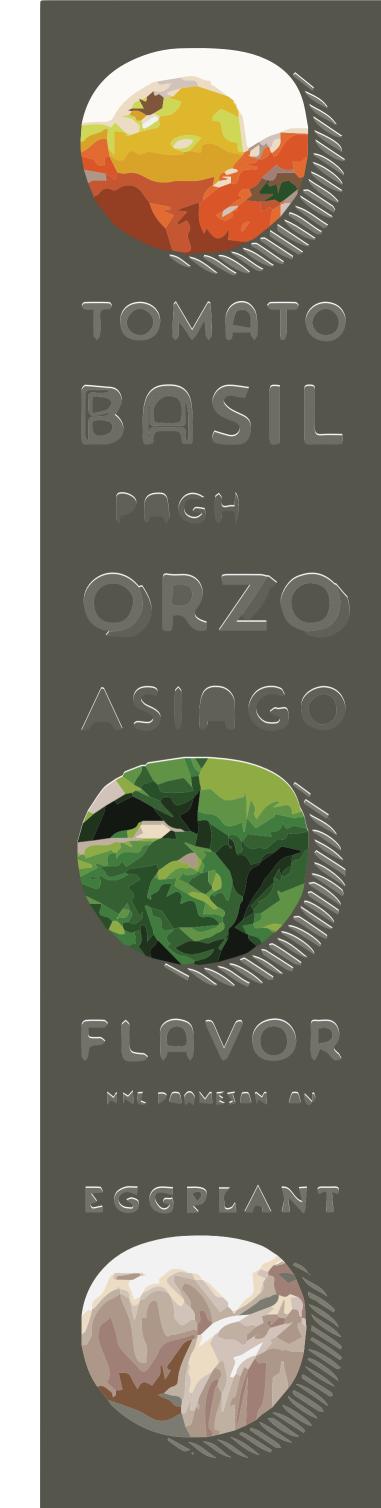
greens, apples, fennel, rosemary chicken, sunflower seeds, parmesan cheese & lemon garlic dressing

Sides



Garlic Bread \$1.80 | 130 cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



Create Your Own Pasta

\$11.49 | 400-1010 cals



Pick Your Pasta

penne [390 cals] or rigatoni [210 cals]

Pick Your Sauce

pomodoro tomato [60 cals] or lemon cream [220 cals]

Pick Your Protein

rosemary chicken breast 🕕 [110 cals], braised beef ragu 🕕 [230 cals] or italian sausage [190 cals]





Pick 2 Vegetables

mushrooms [10 cals], kale [10 cals], roasted tomatoes [35 cals], roasted eggplant [20 cals], or roasted red peppers [20 cals]

Pick 2 Garnishes

crispy chickpeas 🚾 🖤 [50 cals], parmesan cheese 🚾 [20 cals], herb oil 100 (140 cals) or parsley 100 (10 cals)

