Create Your Own Pasta

\$11.70 | 550-775 cals



Pick Your Pasta

penne [390 cals] or spaghetti [460 cals]

Pick Your Sauce

pomodoro tomato 🕔 [60 cals] or alfredo [180 cals]

Pick Your Protein

rosemary chicken breast 🕕 🚥 🥨 [110 cals], meatball 🚥 [100 cals] or italian sausage [110 cals]

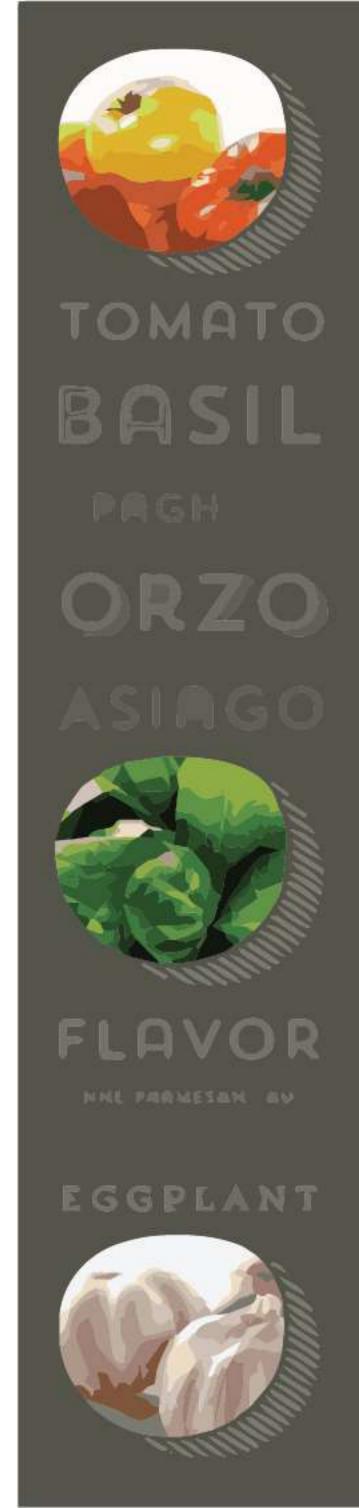


Pick 2 Vegetables

mushrooms [5 cals], peppers [0 cals], red onions [0 cals], spinach [0 cals], or diced tomato [0 cals]

Pick 2 Garnishes

parmesan cheese 🤓 [20 cals], parsley 🤓 🖤 [0 cals]

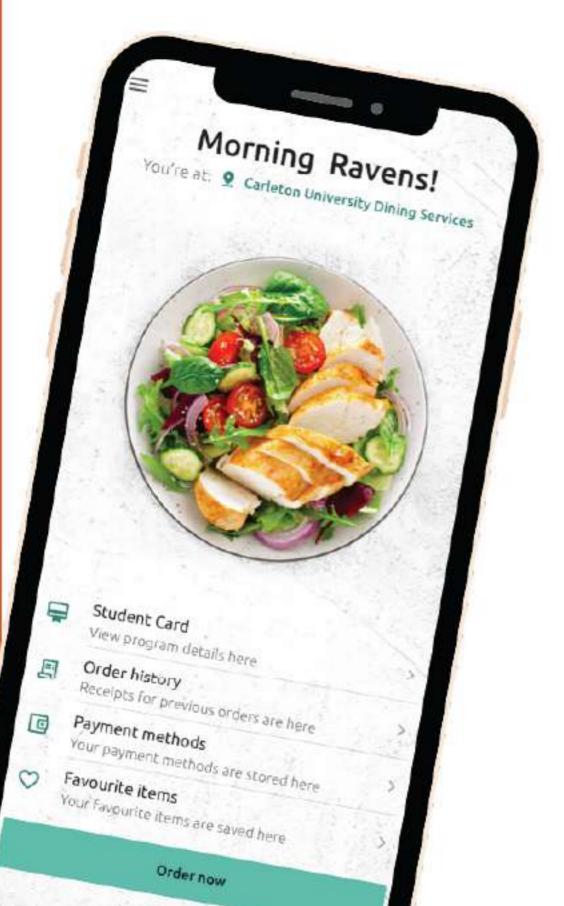


Sides



Garlic Bread \$2.00 | 130 cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



AVAILABLE ON HEY CHEF!

Order now!







