

# LUNCH



FRESHLY CUT FRENCH FRIES

\$4.80

CALS

1130



CLASSIC POUTINE

\$9.60

1500



FEATURE SPECIAL POUTINE

\$11.90

HAMBURGER

\$8.00

470-530

BACON CHEESEBURGER

\$11.50

580-735



LIGHTLIFE® BURGER

\$9.20

490-640



CRISPY FISH SANDWICH ON PORTUGUESE BUN

\$8.90

720



ITALIAN SAUSAGE ON PORTUGUESE BUN

\$9.00

600



COLONEL BY FRIED CHICKEN SANDWICH

\$9.70

620

DAILY CHEF'S FEATURE COMBO

\$14.50

INCLUDES YOUR CHOICE OF BEVERAGE

## MAKE IT A COMBO!

ADD A SMALL FRY OR SALAD & A CANNED BEVERAGE \$4.40 520-1350

UPGRADE TO A POUTINE & A CANNED BEVERAGE \$7.90 1970-2280

# EXTRAS

CALS



BURGER PATTY

\$3.40 230



LIGHTLIFE® PATTY

\$4.20 270



CHEESE SLICE

\$1.50 60



BACON (2 SLICES)

\$2.00 70



GRAVY

\$2.00 50



EXTRA DRESSING

\$1.00 20-320

## ASK TO SWAP BUNS:

NO-GLUTEN - \$1.60 (200 CALS)

VEGAN - \$0.00 (290 CALS)

# SIDES

CALS



SIDE GARDEN SALAD

\$3.40 30



COLESLAW

\$1.70 90



COOKIE

\$3.00 400

# BEVERAGES

CALS

CANNED BEVERAGE (355ML) \$2.00 0-160

BOTTLED WATER \$3.00 0

PLEASE BE ADVISED THAT CROSS CONTAMINATION MAY OCCUR DURING PREPARATION.

ADULTS AND YOUTH (AGES 13 AND OLDER) NEED AN AVERAGE OF 2,000 CALORIES A DAY, AND CHILDREN (AGES 4 TO 12) NEED AN AVERAGE OF 1,500 CALORIES A DAY. HOWEVER, INDIVIDUAL NEEDS VARY.