Combos include choice of one soup or salad, one dessert or fruit, & one beverage.

**COMBO #1 – RAVEN'S DINNER** 420–800 cals
Roasted Maple, Mustard & Herb Pork Loin $100 cals
Scalloped Potatoes $190 cals
Chef Feature Roasted Vegetable $130 cals

**COMBO #2 – CHEF'S FEATURE** 150–560 cals
Pepperoni Pizza $180 cals
Margherita Pizza $150 cals

**COMBO #3 – GLOBAL** 290–670 cals
Tofu Fusion Poke Bowl $290 cals

**COMBO #4 – VEGAN** 440–770 cals
Harissa Lentils with Roasted Squash and Tahini Dressing $230 cals
Brown Rice $120 cals
Roasted Cauliflower $90 cals

**COMBO #5 – DELI** 200–580 cals
Plant-based Meatball Sub $200 cals

**Soups**
- Curry Cauliflower with Cilantro $30 cals
- Tomato & Red Pepper Bisque $50 cals

**Salads**
- Mixed Greens $110 cals
- Couscous Tabbouleh $160 cals

**Desserts**
- Butter Tart Square $220 cals
- Banana Cream Pie $130 cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4–12) need an average of 1,500 calories a day. However, individual needs vary.