CHICKEN SOUVLAKI SALAD
Romaine lettuce, tomato, onion, black olives, cucumbers, bell peppers, topped with chicken souvlaki, feta & Greek dressing
$8.65 | 650 cals

MEDITERRANEAN COMBO PLATE
Lemon dill rice, Greek potato wedges, tzatziki and your choice of protein and salad
$9.25 | 800-920 cals

MEDITERRANEAN PITA
Filled with potato, onion, tomato, tzatziki and your choice of protein
$8.65 | 500-540 cals

PROTEIN CHOICES

CHICKEN SOUVLAKI 240 cals
MEAT GYRO (BEEF & LAMB) 220 cals
CHICKPEA & SPINACH 190 cals
SALADS

GREEK SALAD
romaine, feta, black olive, tomato, red onion, green pepper, Greek dressing
$3.65 | 220 cals

MEDITERRANEAN CHICKPEA
red pepper, celery, green onion, tomato, caper, lemon-Tahini dressing
$3.65 | 260 cals

SIDES

GREEK POTATOES
with lemon pepper, and herbs
$3.65 | 340 cals

LOADED GREEK POTATOES
with lemon pepper, feta, black olives, tomato, & herbs
$4.65 | 480 cals

TZATZIKI SAUCE
$1.20 | 50 cals

FETA CHEESE
$1.20 | 60 cals

Adults and children (13 years and older) need an average of 2,000 calories a day. Children (4 to 12 years) need an average of 1,500 calories a day. Individual needs vary.