

BOWLS



Grilled Chicken Rice Bowl

black beans, corn salsa, sour cream & guacamole

690 cals

\$8.80



3 Sisters Bowl

black beans, roasted squash, corn salsa, jalapeño & guacamole

830 cals

\$8.55

Made with your choice of herbed seasoned white rice (130 cals) or cilantro lime brown rice (140 cals)

BURRITOS



Chicken Tinga Burrito

halal chicken, refried beans, pico de gallo, salsa roja, monterey jack cheese & sour cream

700 cals

\$8.55



3 Sisters Burrito

refried beans, black beans, roasted squash, corn salsa, pico de gallo, jalapeño & guacamole

680 cals

\$8.55



Classic Beef Burrito

halal beef, black beans, pico de gallo, corn salsa, monterey jack cheese, sour cream

740 cals

\$8.55

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

QUESADILLAS



HALAL

Chicken Tinga Quesadilla

halal chicken tinga, marinated black beans, pico de gallo, monterey jack cheese & sour cream on the side

800 cals

\$9.19



VEGETARIAN

Big Bean Quesadilla

marinated black beans, refried beans, pico de gallo, monterey jack cheese & sour cream on the side

800 cals

\$8.99

ADD ONS

Pico de Gallo



VEGAN



NO GLUTEN*

10 cals

\$1.15

Guacamole



VEGAN



NO GLUTEN*

60 cals

\$1.45

Sour Cream



VEGETARIAN



NO GLUTEN*

40 cals

\$1.45

Extra Protein



HALAL

60-140 cals

\$2.60

Extra Vegetables



VEGAN



NO GLUTEN*

20-40 cals

\$1.15

Extra Cheese



VEGETARIAN



NO GLUTEN*

40 cals

\$1.25

SAUCES



VEGAN



NO GLUTEN*

Cilantro Lime Vinaigrette

150 cals



VEGETARIAN



NO GLUTEN*

Signature Burrito Sauce

35 cals

Please note: *Cross-contact with wheat allergens may occur during preparation.