

Week 3: March 2 – March 8

Boxed Meal Menu

**Pickup
Date**

Pickup Date	Monday, Mar 2	Tuesday, Mar 3	Wednesday, Mar 4	Thursday, Mar 5	Friday, Mar 6	Saturday, Mar 7	Sunday, Mar 8
Meat of the Day	Smoked Turkey	Smoked Meat	Smoked Meat	Roast Beef	Chicken	Chicken	Smoked Meat
Vegetarian Option	Hummus	Hummus & Pesto Mayo	Hummus & Roasted Red Pepper	Egg Salad	Chickpea Salad	Chickpea Salad	Egg Salad



**Meat of
the Day**



**Vegetarian
Option**



**Carleton
University**

Dining
Services

Week 4: March 9 – March 15

Boxed Meal Menu

**Pickup
Date**

Pickup Date	Monday, Mar 9	Tuesday, Mar 10	Wednesday, Mar 11	Thursday, Mar 12	Friday, Mar 13	Saturday, Mar 14	Sunday, Mar 15
Meat of the Day	Smoked Turkey	Turkey	Roast Beef	Roast Beef	Turkey	Smoked Meat	Chicken
Vegetarian Option	Cheese Sandwich	Cheese Sandwich	Egg Salad	Chickpea Salad	Chickpea Salad	Egg Salad	Egg Salad



**Meat of
the Day**



**Vegetarian
Option**



**Carleton
University**

Dining
Services

Week 5: March 16 – March 22

Boxed Meal Menu

**Pickup
Date**

Pickup Date	Monday, Mar 16	Tuesday, Mar 17	Wednesday, Mar 18	Thursday, Mar 19	Friday, Mar 20	Saturday, Mar 21	Sunday, Mar 22
Meat of the Day	Smoked Turkey	Smoked Meat	Smoked Meat	Roast Beef	Chicken	Chicken	Smoked Meat
Vegetarian Option	Hummus	Hummus & Pesto Mayo	Hummus & Roasted Red Pepper	Egg Salad	Chickpea Salad	Chickpea Salad	Egg Salad



HALAL
PROTEIN ONLY*

**Meat of
the Day**



VEGETARIAN

**Vegetarian
Option**



**Carleton
University**

Dining
Services