



BUILD YOUR OWN STIR FRY \$11.70

CHOOSE YOUR BASE

- Jasmine Rice 270 Cals   
- Chow Mein Noodle 330 Cals   

CHOOSE THREE (3) VEGETABLES

- Bok Choy 0 Cals
- Mushrooms 5 Cals
- Onions 15 Cals
- Peppers 10 Cals
- Carrots 10 Cals
- Snow Peas 5 Cals

CHOOSE ONE (1) OR TWO (2) SAUCES

- Stir Fry Sauce 70 Cals  
- Spicy Stir Fry Sauce 80 Cals 
- Asian Inspired Curry Sauce 110 Cals 

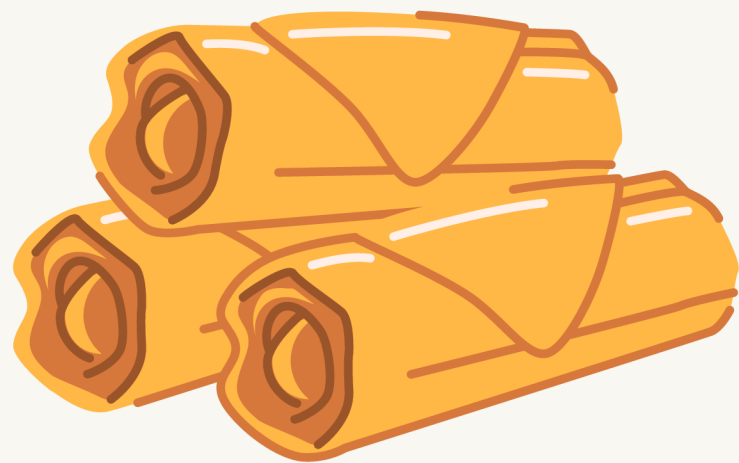
CHOOSE ONE (1) PROTEIN

- Stingin' Honey Chicken 140 cals    
- Chili Garlic BBQ Beef 150 Cals  
- Sesame Five Spice Tofu 210 cals   

CHOOSE YOUR GARNISH

- Green Onion 0 Cals   
- Cilantro 0 Cals   
- Sesame Seeds 20 Cals   
- Crispy Onions 70 Cals 

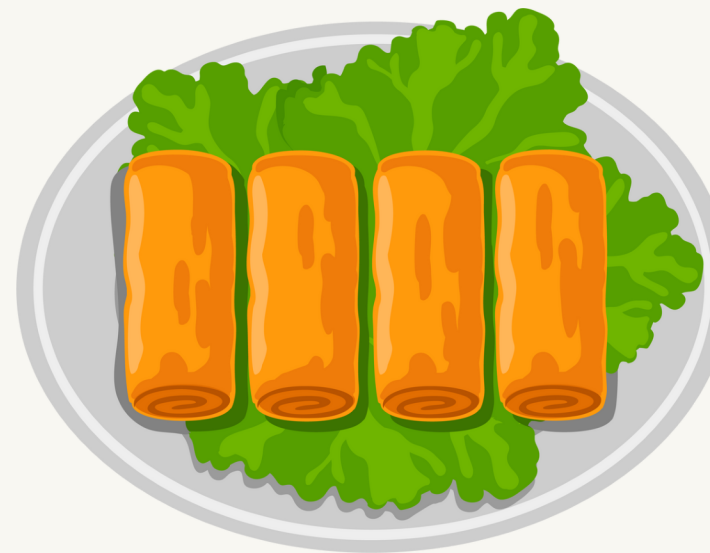
SIDES



Fried Chicken Egg Roll

290 cals

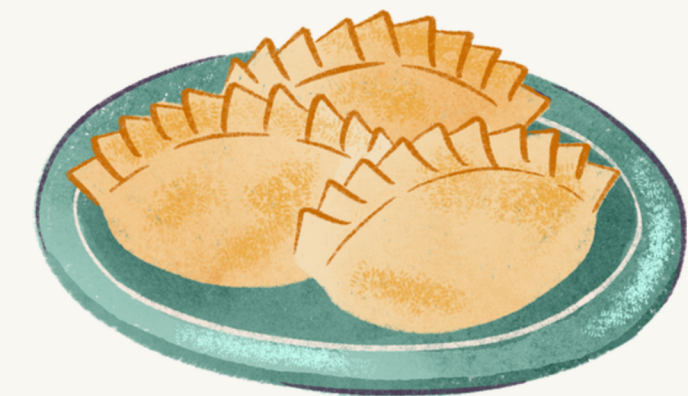
\$3.30



Vegetable Egg Roll

260 cals

\$3.30



Pork Dumpling w/ Dipping Sauce

340 cals

\$3.50

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.