

bowls

piri piri



brown rice, white beans, roasted corn, pickled carrots, red cabbage, green onion, mixed greens, piri piri vinaigrette

\$9.40 | 620 Cals

super roots



quinoa, lentils, beets, roasted broccoli, sweet potato, kale mixed greens, ginger turmeric vinaigrette

\$9.40 | 680 Cals

my mojo



brown rice, chickpeas, beets, roasted cauliflower, sweet potato, green onion, kale mixed greens, harissa vinaigrette

\$9.40 | 720 Cals

lemon grass lover



rice noodles, cucumber, pickled carrot, roasted broccoli, red cabbage, green onion, mixed greens, thai green curry vinaigrette

\$9.40 | 600 Cals

go for the greek



quinoa, chickpeas, cucumber, roasted red peppers, pickled red onion, tomato, olives, mixed greens, kalamata vinaigrette

\$9.40 | 640 Cals



*All bowls are coolfood



Low Carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at eatcoolfood.org

protein add on

falafel \$2.00
160 Cals

meatless crumble \$2.00
50 Cals

**grilled chicken
breast** \$3.00
110 Cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



smoothies

green goddess
\$6.30 | 250 Cals

golden turmeric
\$6.30 | 350 Cals



Meal Connect

“Good Food, Greater Good”

Meal Connect helps address food insecurity on campus by donating \$1 from each purchase!

Pir'd Up

Value Pick.

\$6.50 | 310 Cals

