

OASIS

The Classics

Hand Battered MSC Certified Fish & Chips		\$15.00/990 cal
Hand Breaded Eggplant Parmesan Sandwich		\$11.50/460 cal
Smoky Italian Sausage		\$11.00/680 cal
On Portuguese bun w/ Crispy Onions		
Colonel By Chicken Sandwich		\$9.10/460 cal
Chicken Fingers (w/ Sauce & Fresh Cut Fries)		\$11.50/970-990 cal
Extra Sauce (Plum, Spicy Thai, BBQ, Honey Mustard)		\$1.20/120-140 cal

Burgers (Handmade Halal beef patties)

Hamburger		\$7.50/470 cal
Cheeseburger		\$8.90/530 cal
Bacon Cheeseburger		\$10.80/570 cal
Upgrade any burger to a Lightlife® patty	 	\$4.50/280 cal

Toppings: Ravens Burger Sauce, Ketchup, Mustard, Relish, Mayo, Lettuce, Tomato, Onion, Pickle, Jalapeño, Hot Sauce, BBQ Sauce

Add fresh cut fries and a 16oz fountain drink to your burger or sandwich for just \$3.90.

Pizza




Chef's Signature Selections

Margherita		\$11.75/1040 cal
Five Cheese		\$14.00/1520 cal
Prosciutto, Arugula & Extra Virgin Olive Oil		\$14.00/1320 cal

Create Your Own Pizza

Crust & Sauce	\$9.00/460 cal
Pick Your Meats	\$2.75 each
Pepperoni, Ham, Bacon, Halal Grilled Chicken, Halal Ground Beef, Italian Sausage, Prosciutto	110-260 cal
Pick Your Veggies	\$1.70 each
Green Pepper, Mushroom, Onion, Spinach, Pineapple, Black Olives, Jalapeño, Tomato	10-30 cal
Pick Your Cheeses	\$2.75 each
Smoked Cheddar, Oka, Mozzarella, Ricotta, Bocconcini, Parmesan	240-480 cal

Spuds & Things

Fresh Cut Fries	 	\$4.40/770 cal
Poutine		\$8.90/1040 cal
Add Chicken, Bacon or Beef		\$2.75/110-260 cal
Nachos (w/ black bean pico de gallo & sour cream)		\$13.00/470 cal
Add Chicken or Beef		\$2.75/110-260 cal

Drinks

Bottles	\$3.00-\$5.00/0-220 cal
Fountain	\$2.60/0-350 cal

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.