The Classics

- Hand Battered MSC Certified Fish & Chips  $14.00/990 cals
- Hand Breaded Eggplant Parmesan Sandwich  $10.50/460 cals
- Smoky Italian Sausage  $10.50/680 cals
- On Portuguese bun w/ Crispy Onions
- Colonel By Chicken Sandwich  $8.49/460 cals
- Chicken Fingers (w/ Sauce & Fresh Cut Fries)  $10.50/970-990 cals
- Extra Sauce (Plum, Spicy Thai, BBQ, Honey Mustard)  $1.00/120-140 cals

Burgers  (Handmade Halal beef patties)

- Hamburger  $6.89/470 cals
- Cheeseburger  $8.15/530 cals
- Bacon Cheeseburger  $9.85/570 cals
- Upgrade any burger to a Lightlife® patty  $3.95/280 cals

Toppings: Ravens Burger Sauce, Ketchup, Mustard, Relish, Mayo, Lettuce, Tomato, Onion, Pickle, Jalapeño, Hot Sauce, BBQ Sauce

Add fresh cut fries and a 16oz fountain drink to your burger or sandwich for just $3.55.

Pizza

Chef’s Signature Selections

- Margherita  $11.00/1040 cals
- Five Cheese  $13.00/1520 cals
- Prosciutto, Arugula & Extra Virgin Olive Oil  $13.00/1320 cals

Create Your Own Pizza

Crust & Sauce  $8.00/460 cals
Pick Your Meats  $2.50 each
- Pepperoni, Ham, Bacon, Halal Grilled Chicken, Halal Ground Beef, Italian Sausage, Prosciutto

Pick Your Veggies  $1.50 each
- Green Pepper, Mushroom, Onion, Spinach, Pineapple, Black Olives, Jalapeño, Tomato

Pick Your Cheeses  $2.50 each
- Smoked Cheddar, Oka, Mozzarella, Ricotta, Bocconcini, Parmesan

Spuds & Things

- Fresh Cut Fries  $3.70/770 cals
- Poutine  $8.09/1040 cals
- Add Chicken, Bacon or Beef  $2.50/110-260 cals
- Nachos (w/ black bean pico de gallo & sour cream)  $12.00/470 cals
- Add Chicken or Beef  $2.50/110-260 cals

Drinks

- Bottles  $2.70-$4.50/0-220 cals
- Fountain  $2.49/0-350 cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.