

OASIS

The Classics

- Hand Battered MSC Certified Fish & Chips  \$14.00/990 cal
Hand Breaded Eggplant Parmesan Sandwich  \$10.50/460 cal
Smoky Italian Sausage  \$10.50/680 cal
On Portuguese bun w/ Crispy Onions
Colonel By Chicken Sandwich  \$8.49/460 cal
Chicken Fingers (w/ Sauce & Fresh Cut Fries) \$10.50/970-990 cal
Extra Sauce (Plum, Spicy Thai, BBQ, Honey Mustard) \$1.00/120-140 cal

Burgers (Handmade Halal beef patties)

- Hamburger  \$6.89/470 cal
Cheeseburger  \$8.15/530 cal
Bacon Cheeseburger \$9.85/570 cal
Upgrade any burger to a Lightlife® patty   \$3.95/280 cal

Toppings: Ravens Burger Sauce, Ketchup, Mustard, Relish, Mayo, Lettuce, Tomato, Onion, Pickle, Jalapeño, Hot Sauce, BBQ Sauce

Add fresh cut fries and a 16oz fountain drink to your burger or sandwich for just \$3.55.

Pizza

Chef's Signature Selections

- Margherita  \$11.00/1040 cal
Five Cheese  \$13.00/1520 cal
Prosciutto, Arugula & Extra Virgin Olive Oil \$13.00/1320 cal

Create Your Own Pizza

- Crust & Sauce \$8.00/460 cal
Pick Your Meats \$2.50 each
Pepperoni, Ham, Bacon, Halal Grilled Chicken, Halal Ground Beef, Italian Sausage, Prosciutto 110-260 cal
Pick Your Veggies \$1.50 each
Green Pepper, Mushroom, Onion, Spinach, Pineapple, Black Olives, Jalapeño, Tomato 10-30 cal
Pick Your Cheeses \$2.50 each
Smoked Cheddar, Oka, Mozzarella, Ricotta, Bocconcini, Parmesan 240-480 cal

Spuds & Things

- Fresh Cut Fries   \$3.70/770 cal
Poutine  \$8.09/1040 cal
Add Chicken, Bacon or Beef \$2.50/110-260 cal
Nachos (w/ black bean pico de gallo & sour cream)  \$12.00/470 cal
Add Chicken or Beef  \$2.50/110-260 cal

Drinks

- Bottles \$2.70-\$4.50/0-220 cal
Fountain \$2.49/0-350 cal

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.